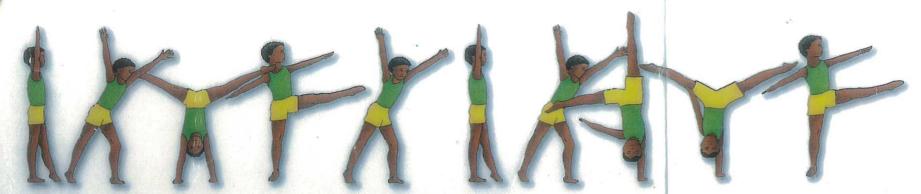
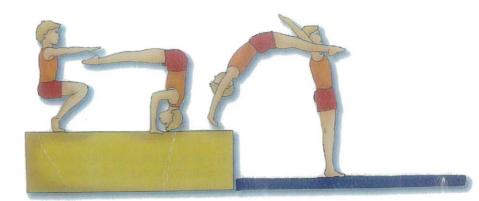


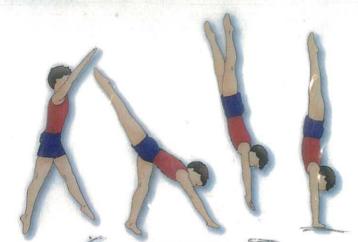
## proficiency awards advanced



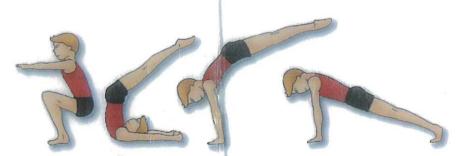
Consecutive cartwheels, one with second hand only



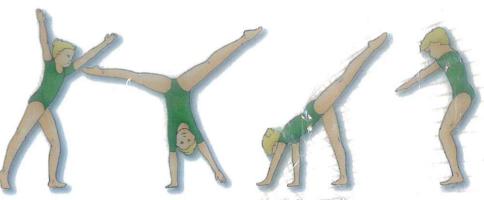
Headspring off a platform



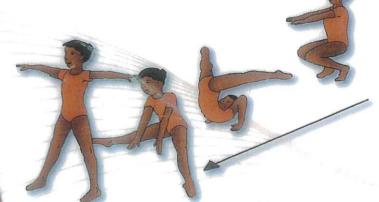
Handstand block



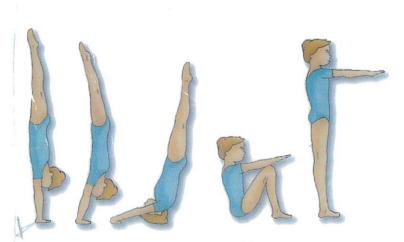
Backward roll to front support



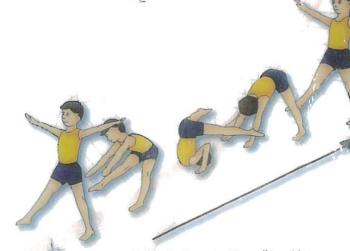
Cartwheel 1/4 turn as a round-off preparation



Forward roll to a straddle or pike position



Handstand forward roll with straight arms



Backward roll to a straddle or pike position

Floor